



APRIL 2016: OUR SPECIALITY IS YOU

One By One

Message from Merle Hoffman, President/CEO & Founder of Choices

Once in a while, something unexpected happens that brings home to me just how important Choices has been in women's lives. At our Community Open House April 11th, a woman came up to me and brought alive what our mission has been and continues to be to this day. Here is her story:

Choices saved my life. As a teenager you are often trying to please everyone, you're still trying to learn to live, who you are as a woman and a little crazy because of all the hormones going on. We think we know what we're doing, but we don't.

Well, I found myself in a situation; I couldn't tell anyone I was pregnant, certainly not my mother and father who were very strict. Somehow I found out about Choices – and I made an appointment and went there with the same friend whose art is on display at Choices today. And everything went well. Then I went back later for regular gynecological care. People oftentimes don't think about Choices for other services – gynecological care and prenatal care which are excellent options.

At the open house I saw Merle, and I was so happy to see her because many times she doesn't get to hear from women 40 years after they had an abortion. **At Choices, I found out that I matter.** It took a little time, but young people don't know that. They are busy trying to find their way, and it takes some time. Choices also fosters that part of it, helping us find ourselves. Especially women, oftentimes we don't think that way – we're so busy taking care of everybody else, we put ourselves on the back burner. It really should be the reverse – in order to care for everyone else, you have to take care of yourself – you have to be cognizant of yourself. I was so excited to see her – I felt I'd come full circle. Today I'm strong and present – partly because of Merle and Choices.

Noreen H.



Noreen H. & Ms. Hoffman

Our speciality is you, and we want to hear about your experience at Choices!

Email your story to outreach@choicesmedical.com. You can also write us a review on Google, Facebook, or Yelp by clicking on the links below:

[Write a Google Review](#)

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Women to Women Care: Choices celebrates our women providers on the front lines of health care.

In our upcoming May newsletter you'll meet our women providers and learn why they are so committed and passionate about what they do - provide the very best reproductive healthcare at Choices!

