

Choices Welcomes Dr. Mary Jane Bovo, Our New Associate Medical Director

Choices Women's Medical Center is proud to announce a wonderful new addition to our staff! We would be excited if her “only” credentials were extensive experience at top hospitals and medical schools. But Dr. Mary Jane Bovo (she likes to be called “M.J.”) has more than medical training and experience to offer. She has been fighting for women's health care for over 40 years, inspiring and empowering women to be mentally and physically healthy.



She began university training at a time when the ideas of “women's health” and a woman doctor were new concepts. Some medical schools wouldn't even admit women. She recalls going to college in Ohio and being challenged in her biology class by a teacher who commented that “some of you here” - looking at the few women in the class - “should be home, barefoot and pregnant.” She found ways to challenge his backward views, and by the time she left the school they were not only on speaking terms but worked together as colleagues.

Her grandmother was a big influence on her, and Dr. Bovo has been committed to one of her favorite sayings in her life and work: **“Nobody can make you feel inferior unless you let them.”**

Dr. Bovo has owned and operated successful OB-GYN practices in New York City and surrounding areas. She has been Chief and Director of the OB-GYN Department as well as part of the attending staff at Noyes Memorial Hospital in Danville, NY and attending staff for many other hospitals and medical centers in Pennsylvania, Connecticut and New Jersey. She has been a clinical professor and teacher specializing in deliveries, surgical cases and clinic association for New York's Beth Israel Medical Center and St. Luke's-Roosevelt and St. Vincent's Hospitals. In addition, she was appointed to the faculty of the University of Pennsylvania's Department of Obstetrics & Gynecology.

And while doing all this, Dr. Bovo has authored nine books, and is working on another one that will focus on, as she says, “the five parts of a woman” – physical, mental, emotional, spiritual and sexual. She is also the recipient of numerous awards and fellowships including the Senatorial Medal of Freedom from the United States Senate.

We are so happy that she is Choices' new Associate Medical Director.



**Warmest Wishes
to All of You this
Holiday Season
from Merle
Hoffman and the
Choices Family.**

**As you spend time
with family and
friends, we hope
your days will be
filled with
happiness and
good health!**

This month we feature another work by Shenna K. Vaughn. It is one of three pieces displayed together in our main

reception area that invite our patients, staff and visitors to take time to think about and enjoy the shapes and colors in each. Shenna was born and raised in Queens, NY. She attended FIT and received her B.A. degree from Hunter College. Her work has been included in exhibitions at Harlem School for the Arts, William P. Miller Gallery and National Black Theater.



December Hours: We will be open our usual hours except for Dec. 25 and Jan. 1 when we will be closed.

For appointments: Call 718-534-3800; [go online here](#); or text "Choices" to 27120.

